



**reflections**

*day spa*

## *healthy skin, body & mind*

At reflections we are dedicated to the health of your skin, body, and mind. We promote wellbeing, relaxation, self-care, and togetherness. Whether you chose to visit alone, with a partner, your friends or family, we will tailor your experience to be just that, YOUR experience!

With single and double treatment rooms, all treatments can be experienced on your own or alongside a loved one. With ample indoor and outdoor relaxation spaces and a quiet surrounding of pure nature, we welcome extended stays before or after your treatment so you can truly unwind and savour the moment.

Through our treatments and products, we strive to promise a sensory journey, a transition from one state to another as a haven for physical and emotional replenishment.

**Uspa** - Botanical, active, aromatic, clean. 100% Australian made and owned. Uspa creates a sensory experience through its face, body and hair products that contain botanical ingredients, are sulphate and paraben free, free from artificial fragrance and colour, mineral oils free, cruelty free and vegan friendly.

**Aspect** - Aspect delivers high-performing cosmeceuticals, formulated with pure active ingredients and calming antioxidants proven to enhance, restore and cosmetically correct the skin without irritation. The range is engineered with the latest actives from science and nature to rejuvenate and revitalise through professional in-spa treatments and homecare products to deliver an abundance of good-for-your-skin ingredients that deliver results.







Triple action rejuvenating peel                      30mins                      \$89.00pp

A multi action, resurfacing peel for all skin types. Combining retinoid-like response ingredients and the exfoliating action of lactic acid, the triple action peel helps to improve the appearance of fine lines and wrinkles.

Brightening pigment peel                              30mins                      \$89.00pp

Formulated with salicylic acid and vitamin c, this peel is ideal for dull, thickened, ageing skin types and helps to improve the appearance of dark pigmented areas for a smooth, even complexion. Also suitable for oily skin.

*suggested add-ons*

*Enhance the results of a peel....*

Oxygenating mask                                      15mins                      \$45.00pp

This warming treatment brightens the skin while stimulating blood flow to intensify the results of a peel. Ideal for lack lustre, dehydrated skin, and also beneficial for problematic skin and those prone to breakouts

Rejuvenating peptide sheet mask                      15mins                      \$45.00pp

Plumping, firming, and cooling. The ultimate skin pick-me-up to refine the skin before a special occasion or to soothe the skin after a peel.



Men's Zone **2hours** **\$219.00pp**  
(massage/facial/foot or back treatment)

Take some time to zone out with the guys or your girl!  
Begin with a relaxation massage on your areas of concern, followed by a deep cleansing facial. Continue with your choice of an invigorating foot treatment including soak, scrub and nail work, OR an exfoliating back treatment.

Couples Retreat (price per couple) **2.5hours** **\$560.00pc**  
(body scrub/massage/concept facial/scalp treatment)

Spend some quality time side by side while we treat you from top to toe. A fine ground pumice blend will exfoliate and invigorate the skin before drifting away with an aromatherapy stress relief massage. Followed by a complexion boosting facial to concentrate on improving the texture and glow of the skin and a warm towel infused scalp treatment to finish.

Half Day Heaven **3.5hours** **\$429.00pp**  
(body scrub/wrap/concept facial/relaxation massage/pedicure)

Begin with a rejuvenating body scrub for a skin softening exfoliation then a warm shower to prepare for a body wrap. A luxurious coconut cream with uplifting vanilla and bergamot essential oils is smoothed into the skin and cocooned in a cloth wrap while the hair and scalp are treated to a nourishing massage from roots to tips. Relax with a tension relieving back neck and shoulder massage before completing the ritual with our signature pedicure.



## *sensory package upgrades*

Upgrade to Aspect facial \$15.00pp

### *enhancements*

Lip or chin wax \$20.00pp

Eyebrow wax \$25.00pp

Eyebrow or eyelash tint \$25.00pp

Spray tan \$40.00pp

Manicure or Pedicure 50mins \$99.00pp

## *food and beverages*

Local cheese and fruit platter \$35.00ea.

(Local Binnorie Dairy cheese, nuts, and fruits)

All fruit infused water, herbal tea, biscuits, and snacks are complimentary as part of your booking. Platter's feed 2-3 people.



Tuesday - Sunday  
9:00am to 5:00pm

*At Adina Vineyard*

492 Lovedale Rd  
Lovedale 2325

phone: **0437329678**  
[admin@reflectionsdayspa.com.au](mailto:admin@reflectionsdayspa.com.au)

Please arrive 10minutes prior to treatment start time.

All treatments and add-ons to be selected at time of booking  
Credit card details are required to secure all bookings.  
24hour cancellation policy applies. Failure to arrive without 24hrs  
notice will result in 100% charge to credit card.

24 hours' notice required for cheese and fruit platters.

Public holiday 10% surcharge applies.

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